

DR.R.K.SHANMUGAM COLLEGE OF ARTS & SCIENCE

(Accredited by NAAC with 'B' Grade)

(Recognized u/s 2(f) & 12 (B) by UGC Act 1956)

(Permanently Affiliated to Thiruvalluvar University, Vellore)

(ISO 9001 - 2015 Certified Institution)

Indili, Kallakurichi - 606 213.



BEST PRACTICE

Title of the Programme: STUDENTS HEALTH CARE PROGRAMME

Meaning:

“Health is Wealth” is a common saying of the world. Health is a state of complete physical, mental and social wellbeing.

Goal:

- To promote, strengthen and protect the health of the students.
- To identify, detect and treat the malnourished and anemic students on time.
- To promote safe menstrual hygiene practices by girls.

Context:

Ours is the first Co-education self financing Institution in the region of Kallakurichi and Kalvarayan hills where the people belong to rural and tribal society. As most of the parents are illiterate, they want to give proper education to their children. But the poor economical status of our students leads them to take up part time jobs to boost up their parents' earning, putting their health at risk. Often they go to work without food and eat at odd hours unmindful of the nutritious value of food. So, our institution focuses on students' health issues.

Practice:

There are 15 Doctors (Cardiologist, Pediatrician, etc..) who have dedicated their life to offer education at affordable cost along with the

health care programme. They organize healthcare programme for the welfare of the students. They visit the campus once in a week and examine the health of the students. Those students who have health issues treated after informing their parents. Health related awareness programmes are organized to familiarize the health related issues. A commonhealth camp is also conducted free of cost.

Evidence of the Success:

As the institution gives immediate care to the students to promote the health, they feel confident to approach their teachers about their health issues during their stay in the campus. This allows them to concentrate on their education without fear. This is the basis of the success of our students who maintain good health. It helps them to leap up the ladder of success.

Problems Encountered and Resources Required:

It is a fact that our students mostly come from rural and tribal region. They sometimes feel shy to share about their health issues. Especially girls avoid sharing such health issues as they are brought up from the poor illiterate family.

Notes / Conclusion:

The students are from the rural and tribal society. They need motivation and guidance to take care their health which is their wealth. This is the most important issue. Every rural & tribal students must have access to good health to keep them fit, to make their life meaningful. Our institution with its students' health care wing is meeting its goal of turning out healthy bright students eager to fulfill their dreams & realize the vision of a better world.

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BEST PRACTICE

Title of the Programme “VILLAGE ADOPTION”

Meaning

Village adoption is meant for working along with the particular village society it is a process of empowering the villages to achieve the goal of development in 360 degree aspects and to show as a model village to other region.

Goal

- To develop the villages in association with local Panchayat, District Government Administration, NGO, Youth Club and other bodies
- To create awareness on district state and central government schemes that are offered for the villages especially
- To give training based on the value added agriculture product that are cultivated by the villages on their agricultural field
- To educate the villagers to realize their potential on their life skills and how should be utilized for the development
- To create a plastic free village
- To import useful tree plantation and make it as green village
- To conduct healthcare program
- To create awareness over Vaccination

Context

DR.R.K.Shannugam College of Arts and Science is located at rural but beside the hilly region in Kallakurichi district. 90% of the students are coming to our institution from remote rural and the tribal region. Their parents are illiterate and lack of awareness on various schemes of the government. They never mind about their health and concentrate only on work. They don't realize their willpower or potential what they inherent. So our institution has adopted a small village called Periya Siruvathur which is 7 KM away from the college campus to undertake various development programmes by our professors and students to implement the set goals with the help of the same villagers and government administrations.

Practice

Our college is having a good number of faculty members and students power to execute the village adoption as one of the best practices. The following are some of the practices of the institution in the adopted villages;

- Work to develop the village in coordination with the local Panchayat
- Create awareness about various government schemes to villagers
- Conduct meeting with SHG and the youth club to support on the entrepreneurship
- Conduct training program to the farmers to get value added product as they mainly cultivate money-crops from their agricultural field
- Villagers or real hard workers who have the capability to do the physical work with good stamina but used it improperly. So they are educated to realize and use it for the life skill programme
- Organize rally program to create awareness on tree plantation, plastic eradication and rainwater harvesting.
- Conduct healthcare program like Corona vaccination awareness, nutrition food awareness reproductive child health awareness, polio camp, leprosy survey and blood donation awareness

- Conduct social development programs like basic education, women and child empowerment, youth development, and entrepreneurial development, etc.

Evidence of the Success

As most of the students and staffs are from the rural region they know well how to move with the village people. It helps our institution to execute the task successfully. Some of the evidence are;

- Conducted entrepreneurship training to the self-help group of the same village
- Conducted tree plantation awareness rally, plastic eradication awareness rally, Corona vaccination awareness rally, rainwater harvesting awareness rally, etc.
- Conducted Corona vaccination camp, nutrition food awareness program, blood donation camp, leprosy survey camp, etc.

Problems Encountered and Resources Required

People used to expect financial assistance whenever our team members visit the village to conduct different programs. As our educational institution is run in the rural region and the students are from economically poor and socially downtrodden society we experience the financial difficulties to execute the goal of the institution. Apart from this issue we do all type of non-monetary services within the limit to the villagers. So our institution is need of financial assistance to offer our service for the village adoption development

Notes / Conclusion

Our institution is run by service minded Doctors, Engineers and Philanthropists who have committed to give education to the rural and tribal people with affordable cost. Along with the educational service they execute various activities with the help of NCC, NSS, YRC and other service clubs. The village adoption is dream project of our institution. Though we face the difficulties in implementing our goals, we carry out the service for the betterment of the village until the satisfaction and the saturation.